

X BALTIC OPEN MASTERS CHAMPIONSHIP RIGA'S AMBER CUP 2019

REGULATIONS

I. Objective:

To determine the best master swimmers and teams in the Baltic Region. The championship is open for master swimmers from any country.

II. Date and place:

Venue: Sporta komplekss „Sporta nams “Daugava”” (*swimming pool of the sports centre „Daugava”*), **address:** 107 Kr. Barona iela, Riga, Latvia (25 m, 6 lanes, electronic timing OMEGA Ares 21).

Date: 16/02-17/02/2019

III. Organisation:

- Event is organized by the association "HANDICAP" in cooperation with the Latvian Swimming Federation, the Riga City Council, sport centre "Daugava".
- The championship is organized according to FINA Rules.

IV. Participants and age groups:

- There are 12 swimmers on each team.
- Each participant may take part in no more than 2 events in each session, except for the swimming relay, and in no more than 2 swimming relays.
- Best individual swimmers shall be selected by adding up obtained scores from two events according to DSV Master Performance Table.
- Scores of the teams will be calculated as follows:
 - Individual events: 1st place winner of a discipline (according to DSV Master Performance Table 2013) gets 12 points; 2nd place – 10 p.; 3rd place – 8 p.; 4th place - 7 p.; 5th place - 6 p.; 6th place – 5 p.; 7th place - 4 p.; 8th place – 3 p.; 9th place – 2 p.; 10th place – 1 p..
 - Swimming relays: 1st place – 24 p.; 2nd place – 20 p.; 3rd place – 16 p.; 4th place - 14 p.; 5th place - 12 p.; 6th place - 10 p.; 7th place - 8 p.; 8th place - 6 p.; 9th place – 4 p.; 10th place – 2 p.
 - Points of the team members shall be calculated, considering two strokes indicated in the application.
- Each participant is fully responsible for his/ her health condition.
- Age of participants by 31/12/2019.
- Age groups in individual events:

A 25-29	E 45-49	H 60-64	L 80-84
B 30-34	F 50-54	I 65-69	M 85-89
C 35-39	G 55-59	J 70-74	N 90-94
D 40-44	G 55-59	K 75-79	O 95+

- Age groups in team relays:

A 100-119	E 240-279
B 120-159	F 280-319
C 160-199	G 320+
D 200-239	

V. Popular class

Popular class (beginners) participants can start in distance of 50m freestyle.

Anyone who is not competing at a masters level competition can participate in this class. All of Open class, participants will be awarded with medals.

VI. Entry fees

- Participation fee – 20 EUR.
- Each relay – 20EUR.
- The invoice for the estimated entries and other fees will be sent to the applicant's electronic address.
- The participation fee shall be transferred by **10/02/2019**.
- Cash payments are not accepted.
- Travel expenses to and from the tournament venue, accommodation and catering shall be covered individually or from the budget of the organisation represented by the swimmer.

VII. Registration:

- Team registration (individual entries and relays) must be submitted on website <https://www.swimrankings.net/manager/> or completing the application form in .xls format (find attached) via e-mail: info@rigaambercup.lv till 9th of February, 2019.
- Team applications for swimming relays must be submitted to the chief secretary of the championship on the day of tournament **until** start of warm-up.

Note: After **10th february**, during registration and championship, no changes to strokes will be allowed.

VIII. Schedule:

16 th February (Saturday)	17 th February (Sunday)
<i>Registration – 14:00</i>	
<u>I session</u> <i>Start - 15:30 (warm up – 15:00)</i>	<u>II session</u> <i>Start - 10:00 (warm up – 9:30)</i>
1/2 50m freestyle (beginners - women, men)	18 50m freestyle with disabilities
3/4 200m IM (women, men)	19/20 50m freestyle (women, men)
5/6 50m fly (women, men)	21/22 50 m breaststroke (women, men)
7/8 50 m backstroke (women, men)	22/23 100m backstroke (women, men)
9/10 100 m freestyle (women, men)	24/25 100 m fly (women, men)
11/12 200m fly (women, men)	26/27 200m freestyle (women, men)
13/14 200m backstroke (women, men)	28/29 200m breaststroke (women, men)
15/16 100m breaststroke (women, men)	30/31 100m IM (women, men)
17 4x50 m medley relay (MIX)	32/33 4x50m freestyle relay (MIX)
	Award ceremony 30 min. after start.

VI. Award ceremony: Award ceremony of winners shall be held on 30 min. after start.

- Main award of the team tournament – Amber Cup:
 - 1st Place – big cup
 - 2nd Place – medium cup
 - 3rd Place – small cup
- 1st, 2nd and 3rd place winners are awarded medals for each individual discipline.
- 10 best women and 10 best men scoring the highest number of points in two strokes will be awarded prizes (according to DSV Master Performance Table).

Contact:

Information shall be published on the website www.swimming.lv/masters

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